


Figure 4. Treadle Lift Plan. If you have a table loom, you will need to use a lift plan to open your sheds. Each row of the lift plan shows the harnesses that need to be raised to make the shed. On the right side of the chart, there is either a t or H, and these indicate which weft yarn to use for each pick: t = thin and H = heavy. The lift plan can also be used on any lightweight loom to make a cleaner shed if the tightly set warp threads are causing extra harnesses to rise. Tie each harness to one treadle and use two feet to create each shed. It is most effective to raise one harness and then raise the other harness when you create the shed.

| | | | | | |
|-----|---|---|---|---|---|
| | 1 | 2 | | | t |
| | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| 80 | 1 | 2 | | | H |
| | | | 3 | 4 | t |
| | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| 85 | | | 3 | 4 | H |
| | 1 | 2 | | | t |
| | | | 3 | 4 | H |
| | 1 | 2 | | | t |
| | | | 3 | 4 | H |
| 90 | 1 | 2 | | | t |
| | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| | 1 | 2 | | | H |
| | | | 3 | 4 | t |
| 95 | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| | | | 3 | 4 | H |
| | 1 | 2 | | | t |
| | | | 3 | 4 | H |
| 100 | 1 | 2 | | | t |
| | | | 3 | 4 | H |
| | 1 | 2 | | | t |
| | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| 105 | 1 | 2 | | | H |
| | | | 3 | 4 | t |
| | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| | | | 3 | 4 | H |
| 110 | 1 | 2 | | | t |
| | | | 3 | 4 | H |
| | 1 | 2 | | | t |
| | | | 3 | 4 | H |
| 115 | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| | 1 | 2 | | | H |
| | | | 3 | 4 | t |
| | 1 | 2 | | | H |
| | | | 3 | 4 | t |
| 120 | | | 3 | 4 | t |
| | | 2 | 3 | | H |
| | 1 | | | 4 | t |
| | 1 | 2 | | | t |
| | | | 3 | 4 | t |
| 125 | 1 | 2 | | | t |
| | | | 3 | 4 | t |
| | | | 3 | 4 | t |

Hem
Repeat 5 x



Start Here

| | | | | | |
|----|---|---|---|---|---|
| | 1 | 2 | | t | |
| | | | 3 | 4 | t |
| | 1 | 2 | | t | |
| | | | 3 | 4 | t |
| 5 | | 2 | 3 | | H |
| | 1 | | | 4 | t |
| | 1 | 2 | | t | H |
| | | | 3 | 4 | t |
| 10 | 1 | 2 | | t | H |
| | | | 3 | 4 | t |
| | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| | | | 3 | 4 | H |
| 15 | 1 | 2 | | t | |
| | | | 3 | 4 | H |
| | 1 | 2 | | t | |
| | | | 3 | 4 | H |
| 20 | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| | 1 | 2 | | t | H |
| | | | 3 | 4 | t |
| | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| 25 | | | 3 | 4 | H |
| | 1 | 2 | | t | |
| | | | 3 | 4 | H |
| | 1 | 2 | | t | |
| | | | 3 | 4 | H |
| 30 | 1 | 2 | | t | |
| | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| | 1 | 2 | | t | H |
| | | | 3 | 4 | t |
| 35 | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| | | | 3 | 4 | H |
| | 1 | 2 | | t | |
| | | | 3 | 4 | H |
| 40 | 1 | 2 | | t | |
| | | | 3 | 4 | H |
| | 1 | 2 | | t | |
| | | | 3 | 4 | H |
| 45 | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| | 1 | 2 | | t | H |
| | | | 3 | 4 | t |
| | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| | | | 3 | 4 | H |
| 50 | 1 | 2 | | t | |
| | | | 3 | 4 | H |
| | 1 | 2 | | t | |
| | | | 3 | 4 | H |
| | 1 | 2 | | t | |
| | | | 3 | 4 | H |
| 55 | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| | 1 | 2 | | t | H |
| | | | 3 | 4 | t |
| | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| 60 | | | 3 | 4 | H |
| | 1 | 2 | | t | |
| | | | 3 | 4 | H |
| | 1 | 2 | | t | |
| | | | 3 | 4 | H |
| 65 | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| | 1 | 2 | | t | H |
| | | | 3 | 4 | t |
| 70 | 1 | | | 4 | H |
| | | 2 | 3 | | t |
| | | | 3 | 4 | H |
| | 1 | 2 | | t | |
| | | | 3 | 4 | H |
| 75 | 1 | 2 | | t | |
| | | | 3 | 4 | H |

Hem

Repeat 5 x